

# OCTOBER IS DOWN SYNDROME AWARENESS MONTH!

# TRISOMY

# 21 ACTS OF KINDNESS

# KINDNESS

Hello! You are one recipient of **21 Acts of Kindness** in honor of our loved ones who rock an extra 21st chromosome.

People with Down syndrome bring so much joy into our lives and into this world. We want to celebrate them this month!

We hope this little gift of kindness blesses your day!

You can learn more about Down syndrome and the #Trisomy21ActsofKindness project here:

[www.facebook.com/  
trisomy21actsofkindness](http://www.facebook.com/trisomy21actsofkindness)